**Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Class\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**6th Grade Physical Education HW 5 (Front & Back)**

**Review: Look at the food label and use it to answer the following questions:**

1. What is the ratio of grams of dietary fiber to sugars? .

1. What is the ratio of grams of protein to total fat? .
2. What is the ratio of grams of total carbohydrates to sugars? \_\_\_\_\_ .
3. What is the ratio of grams of total carbohydrates to dietary fiber? .
4. What is the ratio of grams of protein to dietary fiber? .



**Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Class\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**6th Grade Physical Education HW 5 (Front & Back)**

**Review: Look at the food label and use it to answer the following questions:**

1. What is the ratio of grams of protein to dietary fiber? .

1. What is the ratio of grams of total fat to protein? .
2. What is the ratio of grams of total fat to dietary fiber? \_\_\_\_\_ .
3. What is the ratio of grams of total carbohydrates to dietary fiber? .
4. What is the ratio of grams of saturated fat to sugars? .

